

# SUNSET HIGH SCHOOL LACROSSE

## Player and Parent Code of Conduct

As a member of Sunset High School Lacrosse (Sunset Lacrosse), you are responsible for your own performance, actions, and conduct. Honesty, integrity, communication, and reliability are expected at all times. Please respect yourself, your team / teammates, your school, and the game of lacrosse. This requires maintaining a healthy lifestyle, positive attitude, and commitment to academics and the team.

**Player**, please read and adhere to the following:

1. Players will represent themselves and their team with the highest standards, demonstrating positive sportsmanship on and off the field. This includes positive self-control, graciously accepting the outcome of games, and treating all players, coaches, and fans with courtesy and respect.
2. Players will demonstrate respect for all players and coaches in behavior and language. Players must maintain control of their emotions, avoid use of abusive or disrespectful verbal or body language, humiliating or derogatory remarks, profanity, taunting or physical assault.
3. Players will demonstrate respect for officials and accept their decisions. Insults, arguing, gestures, and any profanity directed at officials will not be tolerated.
4. Our players are students first. Players will demonstrate appropriate classroom conduct and strive to do their best academically. Understand that players' team participation is dependent on academic success. Failure to meet the required academic standards is just cause for suspension from the team (as agreed to in the Beaverton School District Athletic Participation Rules document on the reverse).
5. Communication with coaches is essential. Contact the coach if injured or are going to be late or miss a practice or game. Coaches need to know in advance of any absence. Attendance is mandatory, including practices.
6. The use of Alcohol, Drugs, Tobacco or any illegal substance (including vaping, juuling, etc.) will not be tolerated. Any use of these substances will result in suspension according to the BSD Athletic Participation Rules.
7. Any disciplinary actions taken by Sunset High School administration, including suspension and expulsion from school, are just cause for immediate suspension from the team for a period of time as determined by school administration. Additionally, players are subject to disciplinary action by the Sunset Lacrosse Board and coaches for behavior infractions.

**Parent**, please read and adhere to the following:

1. Encourage positive sportsmanship by example. Remind other parents if they are being inappropriate during games. Accept these reminders graciously when offered by other parents. Interact positively with parents of opposing teams. Be the example!
2. Do not coach from the stands. Leave the coaching to the coaches.
3. Support officials. Leave issues with game officials to the coaches. Insults, arguing, gestures, and any profanity directed at officials will not be tolerated.
4. We are a team of volunteers, outside of the coaching staff. Support the team and program by volunteering throughout the season, participation in fundraisers, etc.

By signing below, I have read and understand the above Code of Conduct and understand that the expectations apply to behavior on and off the field, at games and practices. I agree to abide by the Code guidelines at all team and league activities. I understand that if I do not follow the Code of Conduct, I may be asked to leave the activity or may be asked to withdraw from the team and program.

---

Player Signature

---

Parent Signature

---

Date

---

Date

# BEAVERTON SCHOOL DISTRICT

## Athletic Participation Rules

### Training Rules

The use, possession or distribution of tobacco, alcohol or prescription drugs will not be tolerated for any athlete in the interscholastic athletic program. This restriction includes regular school hours as well as non-school time. Violation of this rule will result in the following consequences:

#### First Violation: Tobacco

Any infraction occurring on or about school premises during school hours or at any school-sponsored activities will be subject to the same sanctions as any other student. In addition, the athlete will be unable to practice or participate in any competition for up to ten (10) school days, or the duration of any expulsion.

If the infraction occurs away from school or on non-school days, the athlete will be unable to dress down to participate in practice or competition for up to ten (10) school days. Schools will require their athletes to be counseled by appropriate school personnel and follow any recommendations.

#### First Violation: Alcohol / Drugs

Any infraction occurring on or about school premises during school hours or at any school-sponsored activities will be subject to the same sanctions as any other student. In addition, the athlete will be unable to practice or participate in any competition for up to ten (10) school days, or the duration of any expulsion.

If the infraction occurs away from school or on non-school days, the athlete will be unable to dress down to participate in practice or competition for up to ten (10) school days. S/he will be required to get a chemical abuse assessment from an approved outside assessor; s/he will be expected to follow the recommendations of that assessment; and the athlete and parent will be expected to attend district-sponsored chemical insight classes as a condition of reinstatement to the athletic program.

#### Second Violation of either Tobacco or Alcohol / Drugs

Any second infraction of these rules will result in removal from the athletic team for the remainder of the current sport season or the following sport season if the violation occurs within the last two (2) weeks of the current sport season. This decision will be made by the Principal in consultation with the school Athletic Coordinator, Student Assistance Facilitator, and appropriate coaches.

#### FINALLY...

Athletes who are not in a current sport offering are still expected to conform to all athletic training rules. Athletes who bring embarrassment to their school by violation of these or other school rules will be dealt with on an individual basis. Penalty can result in removal from the athletic program.

Each athlete confronted with an accusation of alleged violation of these rules has a right to due process. Any athlete who requests assistance with any substance use or abuse issue will be referred to the appropriate person for assistance. No sanctions will be levied in this case and all situations will be confidential.

#### SCHOOL ATTENDANCE AND PARTICIPATION

In order to participate in practices or contests, the athlete must be in school attendance the full day of such practice or contest. Any exception must be cleared by the Athletic Director or Principal (e.g. dentist, doctor, family emergency, etc.).

#### OSAA ELIGIBILITY GUIDELINES

Must have passed five (5) classes (2.5 credits) previous semester

Must be enrolled in minimum of five (5) classes (2.5 credits) during the semester of participation

Must be on track to graduate (4.5 credits by end of freshman / 10 credits sophomore / 17 credits junior year)